



Trips & Falls

Slips, trips and fall injuries

are one of the most common in the industry.

In the U.S. over 20,000 deaths occur related to them every year.

It's the simplest of tasks that can cause the most harm. STOP & THINK and you're landing safely today.

With all the wet weather we are having take time to review these simple TIPS with your crew.



Keep your work site clean. Move supplies to a location that is out of the primary flow of traffic, and gather debris into a single pile, also out of the way. Make sure that all workflow lanes are kept clear to prevent slips, trips and falls.



Always use three points of contact (two hands and one foot or one hand and two feet) when entering and exiting equipment/trucks. Don't skip a step or jump down to the ground. If the surface is uneven, wet or oily, you could easily lose your footing and injure yourself.



When you're walking around the site, pay attention to the changing ground conditions. In particular, watch for oily/greasy wet surfaces or mud. Keep in mind that ground conditions may differ day-to-day and minute by minute. Always be alert. If you encounter slippery conditions while on foot, slow down! Take smaller steps so that your center of gravity remains firmly planted over your feet. Always watch your step!



Cords, wires and hoses crossing traffic lanes within the work site should be placed under hose and cable bridges. Overhead wires and hoses should be neatly tucked away, so they don't hang down in front of workers and machinery.



Flag any temporary bracing, bridges or extensions into travel lanes that may be struck by machinery or workers on foot, potentially causing injuries and equipment damage. Often, people aren't paying as much attention to what they're doing as they should be, especially when there is a need for speed and productivity. Cones or other devices can be used to route foot and vehicle traffic around them. High-visibility paint and warning lights can also be employed to get the attention of workers.



Proper PPE must be worn at all times when working on the logging site. Just because an accident hasn't happened yet doesn't mean it WON'T happen.



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Toolbox Talks are provided as a courtesy to SWPA members. Please remember they are to assist you in developing a safety plan. Keep in mind OSHA, Department of Labor and Insurance requirements may change over time and it is your responsibility to make sure your safety plan is up to date.
Reference: OSHA, FRA, FMIC



